

CLARE | MATRIX is constantly in need of personal care items and basic clothing for men and women in treatment who come to us with nothing more than the clothes on their backs. In response to this need, we are welcoming the community to donate items that will support these individuals in recovery. We Welcome your support in donating the following items to our treatment centers:

Twin-sized sheets and bedding

Comforters

Twin mattresses

Extra-long twin mattresses

Deodorant

Soap/Body wash

Razors, Shave cream

Pads, Tampons

Toothbrushes, Toothpaste

Combs, Brushes

First aid kits

Laundry detergent

Shampoo and conditioner

Socks, Underwear

Jeans, Shirts

**Pajamas** 

Shower shoes

Maternity clothing

Shoes

\*\*Items in most demand include New twinsized bedding including sheets and comforters, New twin mattresses, toiletries, first aid kits, socks, shoes and clothing.

Other Items Needed Include: Free Weights, Weight Bench, Shower Shoes, Tabletop Ice Machine

To arrange to donate please contact Jayson Lansford at 310.314.6200 x 3412 or jlansford@clarematrix.org.